

Fall 2025 MEAL EXCHANGE



- 8 ct. Nugget
- Original Chicken Sandwich
- Spicy Chicken Sandwich

*All served with fries and fountain drink



- Black Forest Ham Sub
- Veggie Delight Sub
- Oven Roasted Turkey Sub
- Tuna Sub

* All served on Artisan Italian or Hearty Multigrain with chips & fountain drink



- Tall Coffee Hot or Iced
- Includes 1 pastry item

* Chocolate Croissant, Banana Nut Bread, Butter Croissant, Iced Lemon Loaf Pound Cake, Plain Bagel with Cream Cheese, Cheese Danish



- Cornbread Chorizo Bowl
- Cheese Quesadilla
- Taco Trio
- Any Grab-N-Go Item

*All served with fountain drink or coffee



- CYO Salad
- Any Grill Entree w/Side and Canned Drink
- Any Personal Pizza w/ side and Canned Drink
- Any Pastry w/ Small Hot or Iced Coffee



- CYO Bowl or Wrap
- Includes a base, 1 protein & 4 toppings, and 2 sauces

*All served with fountain drink



- Any Good Day Sandwich/Salad
- Any Bakery Item

*All served with tall hot or iced coffee



- Any Good Day Meal (1)
- Any Pastry

*All served with canned drink or small iced or hot coffee and chips



- Any Good Day Meal (1)

*Served with canned drink



- Any Pastry Item
- Banana Nut or Raisin & Brown Sugar Oatmeal
- Bacon, Egg & Cheese Croissant
- Turkey Cheezer
- Caesar Salad

*All served with fountain drink or coffee



- Corndog w/fries
- Chicken Tenders (3) w/fries
- Caesar Salad
- Sausage, Egg and Cheese Croissant w/ Hashbrown
- Bacon, Egg and Cheese Croissant w/ Hashbrown

*All served with fountain drink or small hot coffee



- Egg and Cheddar Sandwich w/Hashbrowns
- Cinnamon Roll
- Any Bagel w/Cream Cheese
- Avocado Toast
- Pepperoni or Cheese Pizza Bagel w/Chips

*All served with fountain drink or coffee



- Any pastry and 12oz coffee



- Weekly Menu Rotation



- Gourmet Cold Hero 6" Sandwich

* All served with fountain drink except Whisk



- French Toast Slam
- Original Grand Slam
- The Lil' Den Burger w/ fries
- Premium Chicken Tenders (3) w/ fries
- Black Bean Quinoa Burger w/ fries



- Quesadilla
- Choice of Cheese, Chicken, or Steak
- Tacos (3)
- Choice of Chicken, Steak, or Veggie



- 3pc Chicken Tenders w/Fries
- Nashville Hot Chicken Sandwich w/Fries
- 4pc Breaded Wings w/Fries

*All served with fountain drink



- Pita Wrap
- Choice of Chicken, Gyro, or Falafel
- Rice Bowl
- Choice of Chicken, Gyro, or Falafel



- Any Good Day Meal (1)

*Served with canned drink