

# The Crossroads Nutrition Facts




One Serving Size:

Calories:

## Twisted Tortilla

 <b>Chicken Tacos</b>	Corn Tortillas	540
 <b>Steak Tacos</b>	Corn Tortillas	660
 <b>Veggie Tacos</b>	Corn Tortillas	430
 <b>Chicken Quesadilla</b>	Contains: Wheat, Milk, Gluten	550
 <b>Steak Quesadilla</b>	Contains: Wheat, Milk, Gluten	640
 <b>Cheese Quesadilla</b>	Contains: Wheat, Milk, Gluten	430

## Hoos Hot Chicken

 <b>Chicken Sandwich</b>	Contains: Eggs, Wheat, Gluten, Sesame, Soy, Milk	640
 <b>Chicken Wings</b>	Contains: Wheat, Gluten	595
 <b>Chicken Tenders</b>	Contains: Wheat, Gluten	560
 <b>Fries</b>	Contains: Wheat, Gluten	210

Cooked in Soy

## Rice Bowl Express

 <b>Chicken over Rice</b>	Contains: Milk, Eggs	580
 <b>Gyro over Rice</b>	Contains: Milk, Eggs, Wheat, Gluten, Sesame, Soy	740
 <b>Falafel over Rice</b>	Contains: Eggs	490
 <b>Chicken Pita Wrap</b>	Contains: Wheat, Gluten, Eggs, Milk, Sesame	520
 <b>Gyro Pita Wrap</b>	Contains: Milk, Eggs, Wheat, Gluten, Sesame, Soy	590
 <b>Falafel Pita Wrap</b>	Contains: Wheat, Gluten, Eggs, Sesame	430



- Halal Certified



- Vegetarian



- Vegan

2,000 calories a day is used for general nutrition advice.