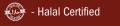


Nutrition Facts

One Serving Size:

Calories:

Def	Meatballs Contains: Wheat, Eggs, Gluten	280
Defense	Falafel Made without gluten	160
<u></u>	Chicken Shawarma Made without gluten	160
	Roasted Vegetables Made without gluten	110
	Pomegranate Molasses Vinaigrette Made without gluten	70
	Mango-Lime Vinaigrette Contains: Mustard Made without gluten	130
	Lemon Tahini Sauce Contains: Sesame Made without gluten	80
	Harissa Sauce Made without gluten	40
	Tzatiki Sauce Contains: Milk	25
	Seasoned Rice Contains: Sesame Made without gluten	100
	Cucumber Tomato Salad Made without gluten	15
	Flatbread Croutons Contains: Wheat, Milk, Gluten	110
	Crispy Chickpeas Contains: Sesame	130
	Sliced Jalapeños Made without gluten	0
	Hummus Contains: Sesame	110
	Tabbouleh Contains: Wheat, Gluten	130
	Sumac Onion Made without gluten	15
	Sunflower Seeds Made without gluten	70
	Flax Seeds Made without gluten	40
	Arugula Made without gluten	0
	Spinach Made without gluten	15
	Olives Made without gluten	50
	Banana Peppers Made without gluten	0
	Feta Cheese Contains: Milk	80
	Flatbread Contains: Wheat, Milk, Gluten	240



ed _____ - Vegetarian

🖗 - Vegan

2,000 calories a day is used for general nutrition advice.