Meal Exchange is intended to be a meal replacement program and not an à la carte snack program. Check out the locations, times, and menu items for Meal Exchange. Remember, Plus Dollars can always be used for menu options not on the Meal Exchange menu. Get the most value out of your meal plan by combining swipes, Plus Dollars, and Meal Exchange!

One Meal Exchange/To-Go swipe per hour; two Meal Exchange/To-Go swipes per day (Ultimate Access members have three swipes per day!)

**CROSSROADS**
ALL HOURS OPEN

**GRILLEWORKS**

1. CHEESEBURGER
2. MALIBU VEGGIE BURGER
3. GRILLED CHEESE SANDWICH
4. 3 PIECE CHICKEN TENDERS

All options come with a 22 oz. fountain drink and regular fries/fruit.

**SOCIETY PIES**

1. TWO SLICES OF CHEESE PIZZA
2. TWO SLICES OF PEPPERONI PIZZA
3. PASTA AND BREADSTICK

All options come with a 22 oz. fountain drink.

**BURRITO THEORY**

1. CHICKEN BURRITO/BOWL/SALAD
2. VEGGIE BURRITO/BOWL/SALAD
3. BEEF BURRITO/BOWL/SALAD
4. CHEESE QUESADILLA

All options come with chips/fruit and a 22 oz. fountain drink.

**CRUMBS ON THE CORNER**
ALL HOURS OPEN

1. CHICKEN SALAD ON CIABATTA
2. BLACK FOREST HAM & SWISS COISSANT
3. TOMATO, BASIL & MOZZ. ON CIABATTA
4. CHEESE STEAK PANINI
5. BUFFALO CHICKEN SOUTHWEST PANINI
6. CHEF SALAD
7. GARDEN SALAD
8. CHICKEN CAESAR SALAD

All options come with the choice of one cookie or chips.

**FINE ARTS CAFÉ**

**BREAKFAST OMELETS** OPEN - 10:30AM
1. WESTERN 2. CHEESE 3. VEGGIE 4. HOOVILLE SANDWICH (HAM, EGG + CHEESE)

Served with your choice of 16 oz. coffee or hot tea

**LUNCH OPTIONS** 10:30AM - CLOSE
1. CARTER’S MOUNTAIN 2. OLE VA PEANUT BUTTER & BANANA 3. TURKEY, CHEDDAR & APPLE 4. GRILLED CHEESE MELT

Options 2-4 above come with Ula chips. All options come with a 16 oz. coffee or hot tea.

**THE CASTLE**

ALL HOURS OPEN

1. ANY SALAD 2. ANY BOWL 3. ANY PANINI + ANY SIDE

All options come with a drink.

**RUNK GRILL**

ALL HOURS OPEN

**CHOICE OF ENTRÉE WITH FRIES AND A DRINK**

**RISING ROLL**

**BREAKFAST** 8AM - 10:30AM
1. PEACH PECAN OATMEAL 2. RAISIN BROWN SUGAR OATMEAL 3. PASTRY

**LUNCH OPTIONS** 10:30AM - CLOSE
1. HUMMUS VEGGIE WRAP with chips 2. TURKEY CHEEZER SANDWICH with chips 3. MAUI SALAD 4. GARDEN SALAD 5. GRILLED CHEESE with a small soup

All served with a small coffee, iced tea, or fountain beverage.

**SIDLEY AUSTIN CAFÉ**

ALL HOURS OPEN

1. BREAKFAST GRILL SANDWICH 2. CHOICE OF ENTRÉE AND SIDE

Served with choice of beverage.

**WEST RANGE CAFÉ**

**BREAKFAST** 9AM-10:30AM
1. EGG AND CHEESE SANDWICH 2. BACON, EGG, AND CHEESE SANDWICH 3. 2 CHICKEN BISCUITS

Served with 16 oz. coffee/ice tea or 22 oz. fountain drink.

**LUNCH** 10:30AM-CLOSE
1. COLONNADE CLASSIC

Served with choice of medium coffee, iced tea, or 22 oz. fountain drink and choice of side salad, french fries or chips.

**PAVILION XI**

AT NEWCOMB HALL
MON-FRI 4PM - CLOSE

**CHICK-FIL-A**

1. CHICK-FIL-A SANDWICH
2. SPICY CHICK-FIL-A SANDWICH

All options come with regular waffle fries and a regular soda.

**SUBWAY**

1. 6” HAM, VEGGIE, COLD CUT, TURKEY, OR BLT SUB with a regular soda and chips.

**CAFÉ MCLEOD**

AT MCLEOD HALL
AFTER 10:30AM

1. CHICKEN, PEAR & WALNUT SALAD
2. CHICKEN CAESAR WRAP
3. 6-IN ITALIAN SUB
4. TUNA SALAD ON WHEATBERRY
5. MEDITERRANEAN VEGGIE CIABATTA
6. CHEESEY SUN-DRIED TOMATO MELT

All options come with side of carrots, whole fruit OR chips, and a regular fountain soda.

**JAVA CITY**

ALL HOURS OPEN

1. ONE pastry with whole fruit and a medium coffee or regular fountain soda
2. ONE Fresh Market smoothie
3. Yogurt, whole fruit, and a medium coffee or regular fountain soda

**EINSTEIN BROS. BAGELS**

@ RICE HALL
MON-FRI 8AM - 11AM

**BREAKFAST SANDWICH OR BAGEL AND SHMEAR**

Both include a regular brewed coffee or hot tea

@ the BOOKSTORE
ALL HOURS OPEN

**BAGEL AND SHMEAR**

Includes a regular brewed coffee or hot tea.